



OHCA promotes high quality care and services through professional development and effective advocacy in the shaping of public and private policy.

OHCA recognizes these Champions for their contributions to enhancing the quality of life for residents, family members, the community, and to the working environment for staff and co-workers.

Thank you for going the extra mile to ensure the well-being of residents and your co-workers and for your commitment to the long-term care profession.

Contact **Melodie King**,  
Director of Education for  
more information  
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[mking@ohca.com](mailto:mking@ohca.com).

# 2008 Long Term Care Champions

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OHCA recognizes Long Term Care Champion's from the nominations we receive from members. The following are the individuals who were recognized throughout 2008.

## January's Champion

**Amber Benham**, Caregiver, Home Instead Senior Care

## February's Champion

**Stephanie Winstanley**, CNA/RA,  
Avamere Rehabilitation of Clackamas

## March's Champion

**Kim Culp**, Dietary Service Manager, Porthaven Care Center

## April's Champion

**Angie Landry**, Life Enrichment Team Leader,  
The Wilsonville/Hampton Alzheimer's Community

## May's Champion

**Andrea Kalmbach**, Personal Care Assistant, Adeo In Home Care

## June's Champion

**Kathleen Nelson**, Activity Director,  
Rosewood Park Retirement & Assisted Living Residence

## July's Champion

**Paula May**, Community Relations Director, At Ease Home Care

## August's Champion

**Marilynn McGroary**, LPN Marian Estates, Reece Healthcare Center

## September's Champion

**Karen Freitag**, Client Care Coordinator, Home Instead Senior Care

## October's Champion

**Barbara Smith**, Bookkeeper, Marquis Care at Wilsonville

## November's Champion

**Naomi Tuttle**, CNA, Oregon Veteran's Home

## December's Champion

**Richard Stimson**, Life Enrichment Assistant,  
Avamere Court at Keizer

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For more information and to nominate your Long Term Care Champion, go to [www.ohca.com/LTChampion.com](http://www.ohca.com/LTChampion.com)